



## **Frequently Asked Questions about the Worthington Resource Pantry**

### When are you open?

Mondays from 10 AM to 2 PM, Wednesdays from 3 to 7 PM, Thursdays from 3 to 5PM, and the 3<sup>rd</sup> and 4<sup>th</sup> Saturdays from 10 AM to noon. We offer a bread and produce market the 1<sup>st</sup>, 2<sup>nd</sup> and 5<sup>th</sup> Saturdays of the month from 10AM to noon. Closed major holidays.

### Do I need to make a reservation?

No. We serve neighbors as they arrive during our open hours. Upon arrival, check in with one of the registration volunteers and you are ready to start selecting food.

### Who is eligible to shop in the pantry?

1. You must live in one of eight zip codes:  
43016, 43035, 43065, 43081, 43085, 43229, 43235, 43240 ~AND~
2. Must have an income equal to or less than 200% of the federal poverty level guidelines (see the Income Guidelines flyer for more information)

### What do I need to bring?

1. If you are NEW to the pantry: Photo ID for the head of household and proof of current address for the head of household (current lease agreement or current utility bill delivered by the US Post Office).
2. If you have shopped here before: All clients must bring a photo ID for the head of household each time they visit the pantry. We verify your address in July each year. Be prepared to bring proof of current address at that time.

### What can we expect to receive?

We are a CHOICE pantry, and each household can receive 4 days of food twice each calendar month. We offer a wide selection of personal items and nutritious food. Visiting the bread and produce market does not count as one of your two visits.

### What is the ResourceCenter?

The Resource Center is a place where clients can meet with a trained volunteer to get the help they need. Clients are given brochures and informational pages to take with them. Anyone can talk to someone in the Resource Center during Open Pantry hours. Ask your greeter for more information.

6700 Huntley Road Columbus, OH 43229 - (614) 985-1766 - [www.worthingtonfoodpantry.org](http://www.worthingtonfoodpantry.org).

## Preguntas Frecuentes acerca del Dispensario de Alimentos de la Ciudad de Worthington

### ¿Qué días se encuentran abiertos?

Los lunes de 10 am a 2 pm, los miércoles de 3 to 7 pm, los Jueves de 3 to 5 pm, y tercera y cuarta sábados de 10 am to 12 pm. Ofrecemos un mercado de pan y productos los 1º, 2º y 5º sábados del mes de 10 a.m. a mediodía. Y cerramos los principales días festivos.

### ¿Necesito hacer una reservación?

No. Servimos a los vecinos cuando llegan durante nuestro horario de atención. A su llegada, regístrese con uno de los voluntarios de registro y estará listo para comenzar a seleccionar alimentos.

### ¿Quién es elegible para asistir al dispensario?

1. Usted debe vivir en uno de los siguientes 6 códigos postales del Distrito Escolar de Worthington:  
43016, 43035, 43065, 43081, 43085, 43229, 43235 or 43240-Y-.
2. Usted deberá tener un ingreso igual o menor al 200% de las directrices del nivel federal de pobreza (véase el folleto Guía de Ingresos para más información).

### ¿Qué tengo que llevar?

Si usted es NUEVO en el dispensario:

- Identificación oficial con fotografía del/la jefe/a de familia.
- Comprobante de domicilio actual para él/la jefe/a de familia.
  - Algunos ejemplos son: contrato de arrendamiento vigente o factura de servicios públicos corriente suministrada por la oficina de correos de los Estados Unidos.
- Identificación para cada uno de los miembros de la familia.
  - Necesitamos identificación con fotografía para todos los adultos. Para aquéllos miembros de la familia menores de 18 años, aceptamos actas de nacimiento, tarjetas con el número del seguro social, identificación de la escuela, tarjetas de vacunación, o tarjetas del seguro médico.

Si usted ha estado aquí antes:

- Todos los clientes deben traer una identificación con fotografía y comprobante de domicilio para él/la jefe/a de familia cada vez que visite el dispensario. El incumplimiento de lo anterior puede resultar en la negación de alimentos.

Nosotros verificamos anualmente las identificaciones de cada miembro en la familia en el mes de julio. Así que esté preparado para traer nuevamente sus identificaciones cada julio.

### ¿Qué recibiremos en el dispensario?

Somos un dispensario CHOICE (usted escoge lo que quiere llevar), y cada hogar recibirá alimentos para 4 días, 2 veces al mes. Ofrecemos una amplia selección de artículos personales y alimentos nutritivos.

### ¿Qué es el Centro de Recursos?

El Centro de Recursos es un lugar donde los clientes pueden reunirse con un consejero de recursos capacitado para obtener la ayuda que necesitan. A los clientes se les otorgan folletos y páginas informativas para que los lleven con ellos. Cualquier persona puede concertar una cita para recibir una recomendación del Ohio Benefit Bank (Banco de Beneficios del Estado de Ohio) y hablar con el alguien del Centro de Recursos. Pregunte en la recepción para más información al respecto.

**INDEX**

	<b>PAGE</b>
<b>1. OTHER FOOD PANTRIES 4 (OTRAS DESPENSAS DE ALIMENTOS)</b>	
<b>2. FREE DINNERS</b>	<b>7</b>
<b>(CENA GRATIS)</b>	
<b>3. MEDICAL RESOURCES</b>	<b>8</b>
<b>(RECURSOS MÉDICOS CERCANOS)</b>	
<b>4. FREE CLOTHING</b>	<b>14</b>
<b>(ROPA GRATIS)</b>	
<b>5. EMERGENCY SERVICES</b>	<b>17</b>
<b>(LOS SERVICIOS DE URGENCIA)</b>	
<b>6. ONLINE RESOURCES</b>	<b>19</b>
<b>(RECURSOS EN LINEA)</b>	

*Call Hands on Central Ohio (614-221-6766) or go online (<https://211centralohio.org>) for information about other pantries, medical providers, clothing, emergency resources and many other public services.*

**OTHER PANTRIES (OTRAS DESPENSAS DE ALIMENTOS)****WALK IN PANTRIES (NO SE REQUIERE CITA)****Inprem Holistic Community Resource Center** *(serves all zip codes)*

5757 Karl Road, Columbus, OH 43229

614-516-1812

[www.inprem.org](http://www.inprem.org)Services: Offers a food pantry for the community.Eligibility: Anyone.Hours: Mon-Fri 11 am-7 pm.Intake process: Walk-inDocuments: Adults need photo ID and children need id. Proof of address for all members of the household.Fees: None.**Christian Assembly Church** *(serves 43211, 43219, 43224, 43231 and 43229)*

4099 Karl Road, Columbus, OH 43224

<https://christianassembly.com/>

(614) 261-8440 ext. 1

Services: Provides emergency food supply to those in need.Hours: Saturdays 9 am-11 am. Second and fourth Tuesday of each month 5:30 pm-7 pm.

Intake process: Telephone.

Documents: Photo ID and proof of address for head of household.Fees: None.**Vineyard Columbus Northside Food Pantry** *(serves 43224, 43229 and 43231)*

4664 Cleveland Avenue, Columbus, OH 43231

<http://vineyardcolumbus.org>

(614) 259-5441.

Services: Offers a pancake breakfast and a walk-in pantry. Clients are eligible to receive food once a month. Limited supplies of diapers may be available.

Hours: Saturdays 8:30 am-11:30 am. Food pick-up is from 9:30 am-11:30 am.

Intake process: Walk-in.

Documents: Photo ID and proof of address and social security card or birth certificate for children.

Fees: None.

**St. Stephens Community House** (serves 43081, 43201, 43211, 43219, 43224, 43229, 43230, and 43231)

1500 E 17th Avenue, Columbus, Ohio 43219

614.294.6347

<https://www.saintstephensch.org/neighborhood-services/>

Services: Pantry does not provide canned goods. Consumers can shop for fresh produce every day and will have a "Protein Pass" to use once a month. The Protein Pass allows consumers to receive grain items (pasta, rice, beans), peanut butter as available, and meat, once a month.

Eligibility: Must reside in zip code 43081, 43201, 43211, 43219, 43224, 43229, 43230 or 43231. Hours: Monday, Wednesday and Friday from noon to 3 p.m. and Tuesday and Thursday from 3 to 6 p.m.

Documents: The head of the household must provide a current, valid photo ID each visit and a current (30 days) utility bill with the head of household name on it and current address, or a current lease/mortgage statement (typed and signed); or a Job and Family Services Document (last 6 months with the head of household name and address on it); or a Social Security Document (last 6 months with the head of household name and address on it).

Fees: None

**Progressive Life Food Pantry** (services all zip codes)

2305 Oakland Park Avenue, New Jerusalem Progressive COGIC, Columbus, OH 43224

rwest005@yahoo.com

Services: Offers an emergency supply of food on a walk-in basis. Entrance is on the side door.

Eligibility: Anyone.

Hours: Third or fourth Wednesday: 5:00PM-7:00PM

Intake process: Walk-in.

Documents: Photo Id for all adults; Proof of residence: Utility Bill or any document with name and address.

Children: Birth records or School ID.

Fees: None.

**Dublin Food Pantry** (serves residents of Dublin and Dublin School District, zip codes 43016 & 43017)

81 West Bridge Street

Dublin, OH 43017

(614) 889-6590

<http://www.dublinfoodpantry.org>

Services: Offers a choice food pantry. Pet (dog/cat) food may be available.

Hours: Mondays 6 pm-7:15 pm. Tuesdays 10 am-11:45 am. Thursdays 4:30-6:15 pm.

Intake process: Walk-in.

Documents: Adults: photo ID and proof of address.

Fees: None.

**Grace Point Community Church** (serves all zip codes)

#### OPEN TABLE FOOD PANTRY

2393 Peachblow Road, Lewis Center, OH 43035  
740-548-7718

<https://www.gracepoint.cc/opentable>

Services: Food pantry

Eligibility: Anyone

Hours: 2nd Tuesday & 4th Thursday of every month from 7:00-8:30pm.

Intake Process: Walk-in

Documents: None

Fees: None

#### **Kroger Community Pantry** (serves all zip codes)

3960 Brookham Drive, Grove City, OH 43123

(614) 317-9487

<https://www.midohiofoodbank.org/get-help/kroger-pantry/>

Services: Provides emergency food. Choice pantry. Pet (dog/cat) food may be available. Eligibility:

Residents of Ohio with household income at or below 200% of the Federal Poverty Level. Clients allowed one full shop per week and bread and produce shop on non-full shop days. Hours: Tue 8:30am-12pm., Wed 8:30am-12pm & 5:30pm-7:30pm., Thurs. 8:30am-12pm, Fri 8:30am-12 pm. Sat 8:30am-1:30pm. Pantry hours may vary due to volunteer levels.

Intake process: Walk-in. Telephone before arrival to verify shopping hours.

Documents: First visit bring photo ID and proof of address (utility bill, lease agreement, medical bill, correspondence from ODJFS). Photo ID required on subsequent visits.

Fees: None.

#### **APPOINTMENT REQUIRED (CITA RQUERIDA)**

#### **Westerville Area Resource Ministry** (*Residents of Westerville School District*)

150 Heatherdown Drive

Westerville, OH 43081

(614) 899-0196 Administrative

<https://warmwesterville.squarespace.com/new-page-1>

5

Revision 08/2019-9

Services: Choice pantry that offers a 6-day supply of food.

Eligibility: Residents of Westerville School District.

Hours: By appointment only.

Intake process: No walk-ins accepted. Must call HandsOn Central Ohio's Foodline (614) 341-2282

Documents: Photo ID and current proof of address: utility bill or 1st class mail less than 30 days old.

Fees: None

#### **ONLINE PANTRY SHOPPING (PEDIDOS DE ALIMENTOS EN LÍNEA)**

#### **Lutheran Social Services** (serves all of Franklin County)

500 W Wilson Bridge Rd #245, Worthington, OH 43085

Clients may register and order food online at [lssfoodpantries.org](http://lssfoodpantries.org). Customer service available for assistance in registering and ordering weekdays from 10 a.m. to 2 p.m. by calling 1-877-577-6325. Pick up food at designated locations and times.

#### **SENIORS**

#### **Salvation Army** (appointment only)

Call 614-221-6561 to schedule appointment.

<http://www.salvationarmycentralohio.org>

Services: Offers monthly food commodities to low-income seniors. Pre-registered seniors pick up their

food box each month from their local Worship and Service Center. Items in the food boxes include cereal, dry milk, juice, meat, evaporated milk, protein, grain, canned fruit and vegetables. Eligibility: Adults 60 years and older who are at or below 130% of the poverty guideline. Hours: By appointment. Call 614-221-6561

Documents: Proof of income and photo ID.

**FOOD PANTRIES FOR HISPANIC/LATINO COMMUNITY**  
(DESPENSAS DE ALIMENTOS PARA LA COMUNIDAD HISPANA/LATINA)

**Catholic Social Services Our Lady Of Guadalupe** (serves all zip codes)

409 Industry Drive, Columbus, OH 43204

(614) 340-7061

<http://www.colss.org/our-lady-of-guadalupe-center> Intake process: Must call Hands On Central Ohio's Foodline 614-341-2282 to schedule an appointment.

Services: Choice pantry. Clients must bring their own bags. Can visit once per month.

Hours: As arranged.

Documents: Adults: Valid photo ID and proof of address less than 30 days old. Children: ID.

Fees: None.

Additional languages: Spanish.

**MEDICAL CONDITIONS:**

**LifeCare Alliance- Project Openhand** (serves individuals living with HIV/AIDS)

670 Harmon Avenue, Columbus, OH 43223

614-437-2993 or email [ctrein@lifecarealliance.org](mailto:ctrein@lifecarealliance.org).

<https://www.lifecarealliance.org/programs/cancer-clinic/groceries-to-go/>

Services: Groceries are available for pick-up and delivery. Food and personal care items are available, including cereal, milk, cheese, meat, fresh fruits and vegetables, toilet paper, personal hygiene supplies, cleaning supplies and condoms.

Hours: Mond-1:00PM-4:00PM, Wed- 9:00AM-12:00PM & 1:30PM-3:45PM, Thurs 9:00AM-12:30PM, and Fridays from 10:00AM-1:00PM

Intake process: Telephone or referral.

Documents: No documents required if referred by a caseworker. Otherwise, proof of active HIV/AIDS or active cancer is required.

**FREE MEALS AT WORTHINGTON AREA CHURCHES**  
**(CENA GRATIS)**

LOCATION	DAY	TIME	PHONE
Worthington Presbyterian Church 773 N. High St., Worthington	1 <sup>st</sup> Monday of each month	6:00 -7:00 PM Community Supper	614-885-535 5
North Community Lutheran Church 114 Morse Rd., Columbus	3 <sup>rd</sup> Wednesday of each month	6:00 PM Community Meal	614-888-195 5
Worthington United Methodist Church 600 N. High St., Worthington	3 <sup>rd</sup> Thursday of each month	6:30 -7:30 PM Friendship Dinner	614-885-536 5
Linworth United Methodist Church 7070 Bent Tree Blvd.,	4 <sup>th</sup> Sunday of each month	9:45AM-1:00 PM Brunch	614-336-848 5

Columbus		Bunch	
All Saints Lutheran Church 6770 N. High St., Worthington	Last Tuesday of each month	5:30 – 7:00 PM Welcome Table	614-885-0112
St. John’s Episcopal Church 700 N. High St., Worthington	Last Thursday of each month	6:30 -7:30 PM Friendship Dinner	614-846-5180
Bethel Int. United Methodist Church 1220 Bethel Rd., Columbus	Last Thursday of each month	5:00 – 6:30 PM Free Meal	614-451-2085

**MEDICAL RESOURCES (RECURSOS MÉDICOS)**

**COMMUNITY HEALTH CENTERS**

1. Lower Lights Health Care, 6000 Cooper Road, Westerville, OH 43081, 614-274-1455 (option 1)  
<https://llhc.org/>.

2. CNHC Dublin, 299 Cramer Creek Ct, Dublin, OH 43017 614-526-3285 or 614-645-5500  
<https://www.primaryonehealth.org>

Services: Provides comprehensive health care services for families.

Hours: *Appointments are required.*

Fees: are based on a sliding scale. Nominal fees are paid by Individuals and families with annual incomes at or below 100% of the Federal Poverty Guidelines. Individuals and families with annual incomes between 100% and 200% of the Federal Poverty Guidelines pay fees using a sliding discount policy based on family size and income. No patient will be denied health care services due to the individual’s inability to pay.

**EQUITAS HEALTH MEDICAL CENTER AND PHARMACY - CLINTONVILLE**

4400 North High Street, Suite 300 Columbus, OH 43214  
614-299-2437r

<http://www.equitashealth.com>

Services: Our medical services are comprehensive and include everything from primary care, HIV specialty care, trans health, women’s health, and more.

Eligibility: Open to the public. Sliding fee scale available to those in need of financial assistance.

Hours: Monday-Friday 8am-5:30pm Saturday 9am-12:30pm

Intake process: Arrive 15 minutes early to complete registration paperwork. The first appointment will last approximately 1 hour.

Documents: ID and insurance card needed.

Fees: Medicaid, Ryan White, Medicare and most third-party insurances accepted. Sliding fee scale is offered based on eligibility.

Additional languages: Free interpretation offered.

**FREE CLINICS (CLÍNICA MÉDICA GRATUITA)**

**HELPING HANDS HEALTH AND WELLNESS CENTER**

5100 Karl Rd., Columbus, OH 43229

<https://www.helpinghandsfreeclinic.org>

(614) 262-5094 Administrative

((614) 262-5094 Extended Care

Services: Provides health care services including general physical exams, screenings and physician referrals for adults 18 and over. Physicals are only available on Fridays. TB testing is provided on Tuesdays of clinic weeks. No STD testing. New program of extended care provides follow up services to clinic patients and



those coming from Emergency Departments or hospital stays.

Eligibility: Adults who are underinsured, looking for a medical home with Medicaid or have no insurance and are at 200% of the federal poverty level.

Hours: Call for schedule of clinic dates and hours.

Intake process: Walk-in. First come -first served. Registration opens at 2pm on the day of the clinic.

Documents: Photo ID. List of current medications. Any forms for work or school physicals. Fees: \$8 cash for TB tests. All other services are free.

#### **VINEYARD COMMUNITY CENTER**

6000 Cooper Road, Westerville, OH 43081

<https://ww2.vineyardcommunitycenter.org/free-health-legal-clinic>

(614) 259-5428 (option6)

Services: Offers a free walk-in medical clinic for adults 18+ for diagnosis and treatment of minor illnesses only. Clinic is staffed by a licensed physician. No lab tests, x-rays or injections. Ongoing care is not provided. Basic work physicals can be scheduled by prior appointment.

Eligibility: 200% of Federal Poverty Level. Must be uninsured or eligible for Medicaid (may be enrolled in Medicaid as well).

Hours: Tuesdays of the month. Sign in begins at 4:00 pm. Physicians begin seeing patients at 6:15 pm.

Intake process: Walk-in. First come, first served. Work physicals are by appointment. Documents: No documents required.

Fees: None.

#### **THE BREATHING ASSOCIATION**

1520 Old Henderson Road, Columbus, Ohio 43220

<https://www.breathingassociation.org/lung-health-clinic/>

614-273-2843 (appointments)

Services: Provides diagnosing and treatment for asthma and COPD; medical supplies (e.g., nebulizers, tubing, blood pressure cuffs); laboratory services (e.g., pregnancy, glucose, urine analysis, Alpha 1 testing); medication assistance programs and flu shots for individuals who have asthma, COPD or other lung health needs.

Eligibility: Must have asthma, COPD or other lung health needs, meet income guidelines and have no insurance.

Hours: By appointment Monday to Thursday 8:00 am – 4:00 pm. Walk-ins welcome.

#### **COLUMBUS FREE CLINIC**

2231 N. High St., Columbus, OH 43201

(614) 404-8417

<http://www.columbusfreeclinic.com/visit.html>

Services: Student run free clinic offering primary care for long term and urgent care. Also offers laboratory testing, x-rays, ultrasounds, medication counseling as well as some free medications mental health and community resources counseling. Immunizations, TB/STD testing, dentistry and prenatal care are not offered.

Eligibility: No eligibility requirements for most services.

Hours: Thursdays. Appointments are schedule for 5:30, 6:30 and 7:30. Must schedule appointment in advance on the Clinic's website.

Documents: None

Fees: None

#### **SMOKEY ROW BRETHERN CHURCH**

7260 Smoky Row Road, Columbus, OH 43235

<https://smokyrow.org/brookside-free-clinic/>

(614) 442-5722

Services: Offers well and sick office visits with a physician, including work/school physicals. Patients may receive advice, prescriptions, blood sugar testing, urine tests or referrals to specialty physician clinics or other health care providers. Occasionally offers eye screenings, pharmacy consultations and other services. Does not offer emergency medical services, immunizations, lab tests, pregnancy tests, gynecological services, surgery, specialty physician consultations or other invasive procedures.

Eligibility: Individuals of any age with income under 200% of Federal Poverty Guidelines. Medicaid accepted.

Hours: 4th Tuesday of each month (Sign-ins begin at 6pm), and the 2nd Saturday of each month (8-11am),

Intake process: Walk-in. First come, first served.

Documents: No documents or fees required.

Additional languages: Spanish.

### **LA CLINICA LATINA**

2231 North High Street, Columbus, OH 43201

<http://laclinicalatinaoh.com>

(614) 349-1038 Appointment Line

Services: Offers a free community clinic for Spanish speaking individuals. Provides on-going comprehensive health care. Services include gynecological care for women; however, does not provide OB care. Free dental screenings, preventative sealants, cleanings and simple restorative procedures are also offered.

Eligibility: Targets individuals who speak Spanish, but no one is denied care.

Hours: Tuesdays from 5:30 pm-8:30 pm.

Intake process: Online registration for appointments required. Clinic will call to confirm an appointment time.

Documents: No documents required.

Fees: Donations are suggested but not required.

Additional languages: Spanish.

### **ASIAN HEALTH INITIATIVE FREE CLINIC**

Rardin Family Practice

2231 N. High Street, Columbus, OH 43201.

614-220-4023 ex.t 233

<http://www.aacsohio.org/ahi-free-clinic>

Student run free clinic offering primary care for long term and urgent care. Also offers laboratory testing, x-rays, ultrasounds, medication counseling as well as some free medications mental health and community resources counseling. Immunizations, TB/STD testing, dentistry and prenatal care are not offered Intake

Process: By appointment only.

Eligibility: No health insurance, Below 250% Federal Poverty Level, Our services are geared toward the Asian community living in central Ohio.

Hours: Monday evenings 5:30 p.m. to 9:00 p.m.

Intake Process: By appointment only.

Fees: Free

### **NOOR COMMUNITY CLINIC / MUSLIM CLINIC OF OHIO**

Rardin Family Practice

2231 North High Street, Columbus, Ohio 43201

614-516-3075

<https://noorcommunityclinic.weebly.com/>

Intake Process: By appointment only. Call our clinic coordinator at (614) 516-3075 on either Monday 10AM-3PM or Tuesday 10AM-12PM. Leave a message with your full name spelled out, phone number, date of birth, and why you would like to be seen. You will receive a phone call within the next few days to confirm your appointment date and time

Eligibility: All uninsured and underinsured members of the Columbus community.

Hours: Wednesday 5:00 to 9:00PM

Documents: Photo ID and copies of recent medical records.

Languages: Female examiners and interpreters are available upon request

## **IMMUNIZATIONS: (LA VACUNACIÓN)**

### **COLUMBUS PUBLIC HEALTH (CPH) IMMUNIZATION CLINIC**

(614) 645-7945

<https://www.columbus.gov/publichealth/programs/Immunization-Program/>

Provides walk-in immunizations for children and teens less than age 19 at the Worthington United Methodist Church, 600 High Street, Worthington, Ohio 43085 on the third Tuesday of each month from 3pm to 6pm. Immunizations for adults and children are available at the Department's offices at 240 Parsons Avenue, Columbus, Ohio 43215. Services are not free. Most insurance is accepted. No child is denied if not able to pay. Go online for a complete schedule of hours and fees and required documents.

### **FRANKLIN COUNTY PUBLIC HEALTH**

<https://myfcph.org/health-wellness/shots/>

Provides immunizations for children and adults at Immunization Clinics held at various locations. Clinic schedules are available on the website. Services are not free. Most insurance is accepted. No child is denied if not able to pay. Appointments are required. Appointments can be scheduled online or by calling 614-525-3719.

## **DENTAL CARE: (CUIDADO DENTAL)**

### **VINEYARD DENTAL CLINIC**

6000 Cooper Rd, Columbus, OH 43081

<https://ww2.vineyardcommunitycenter.org/free-health-legal-clinic>

*Appointment Required.* (Clients must call 614-259-5428 on Fridays between 9 am-9:45 am. Calls made outside this time frame may not be returned)

Services: Provides free dental exams, fillings, extractions, x-rays and cleanings for all ages. Does not provide ongoing treatment. Does not provide bridgework, wisdom teeth extraction, orthodontics or dentures.

Eligibility: 200% of Federal Poverty Level. Must be uninsured.

Hours: As arranged by appointment.

Intake process: Telephone. Appointment required.

Documents: No documents required.

Fees: None.

### **PRIMARY ONE HEALTH**

<https://www.primaryonehealth.org>

East Main Dental Center, 1180 E. Main Street; 2nd Floor (614.645.5541)

West Broad Dental Center, 2300 West Broad Street, 2nd (614.859.1830)

Parsons Avenue Dental Center, 240 Parsons Ave, 2nd Floor (614.645.7487)

*Appointments Required.* Dental emergencies at 7:45 a.m. daily on a first come, first serve walk-in basis. Services: Preventive exams, routine checkups, cleanings, fluoride treatments, fillings, tooth extractions, root canals (performed only on front teeth)

Fees: Sliding fee scale based on family size and monthly household income. Insurance plans including Medicaid, CareSource, Molina, Aetna, Anthem, Medical Mutual, Doral Dental and Aultra Dental accepted

Documents: Photo ID, either proof of income or a dental insurance card. \$40 minimum payment for emergency walk-ins.

### **DOVER DENTAL GROUP**

1882 Hard Rd., Columbus, OH 43235 (614) 761-9393  
3281 North High Street Suite 1, Columbus, OH 43202 (614) 263-1212  
<http://www.tooth-doc.com>

Services: Provides general and emergency dental care. Includes dentures, extractions (simple and surgical), restorative (crowns, fillings and bridges), root canals, preventative and cosmetic procedures. Eligibility: Anyone.

Hours: Mon-Fri 9 am-5pm

Intake process: Appointment required. Telephone.

Documents: Insurance information.

Fees: Vary. Accepts Medicaid and private insurance.

### **KIDSMILES**

770 Bethel Road, Columbus, OH 43214

<https://www.kidsmilesclinic.org/about-us/>

Phone: 614-458-1711

Services: Treats eligible children 21 years old and younger. Comprehensive services offered include dental exams, cleanings, x-rays, fluoride treatments, sealants and extractions.

Hours: **By appointment only.** Schedule online at <https://www.kidsmilesclinic.org/schedule-appointment/> or call 614-458-1711.

Eligibility: KIDSMILES can offer comprehensive services to families who earn less than 250% of the Federal Poverty Level

Fees: Fees are \$20 for hygiene every 6 months for an individual and \$40 cap per family on hygiene every 6 months Maximum annual charge for individuals is \$40/yr. and \$80 for families. There are no payment plans or bills. Payment must be made at the time of service. Insurance is not accepted.

Documents: KIDSMILES requires a health history and photo release form to be completed prior to your child's examination. These forms can be downloaded and must be filled out and signed by the child's parent or legal guardian who must accompany the child. Please bring them with you to your appointment.

### **EYE CARE (SEVICIOS DE CUIDADO OCULAR)**

#### **VINEYARD FREE HEALTH CLINICS**

6000 Cooper Road, Westerville, OH, 43081

<https://ww2.vineyardcommunitycenter.org/free-health-legal-clinic>

Appointment Required. (Clients must call 614-259-5428 on Fridays between 10:00 am-10:30 am. Calls made outside this time frame may not be returned

Services. Clinic serves those ages 18 and up who are uninsured and have incomes below 200% of the Federal Poverty Level. (No Medicare or other government-issued health care programs are eligible for services.)

#### **OHIO OPTOMETRIC ASSOCIATION**

250 East Wilson Bridge Road Suite 240, Worthington, OH 43085

<http://www.ooa.org>

(614) 781-0708 Administrative

(888) 396-3937

Services: Free eye exams for infants six to 12 months.

Eligibility: Infants six to 12 months.

Hours: As arranged.

Intake process: Telephone.

Documents: No documents required.

Fees: None.

### **PRIMARY ONE HEALTH**

<https://www.primaryonehealth.org>

East Main Dental Center, 1180 E. Main Street; 2nd Floor (614.645.5541)

West Broad Dental Center, 2300 West Broad Street, 2nd (614.859.1830)

Appointments Required. Provides eye exams and checkups. Offers affordable eyewear and contact lenses.

Fees: Sliding fee scale based on family size and monthly household income. Insurance plans including Medicare, CareSource, Molina, March Vision, Medical Mutual and United Health Care accepted

Documents: Photo ID, either proof of income or a dental insurance card

### **LIONS CLUB EYEGLASS ASSISTANCE PROGRAM**

Ohio Lions Club -614-539-5060

### **PREVENT BLINDNESS**

(614) 464-2020

<https://ohio.preventblindness.org/sites/default/files/Central%20VCO%20Fact%20sheet%202018-2019.pdf>

Services: Free eye exams & eyeglasses to qualified individuals. Services provided in connection with social service agencies, located throughout the Columbus area that submit referrals to the Vision Care Outreach Program. Ask a social service agency you are currently working with to see if it is a partnering agency with Prevent Blindness Check the website for a list of referral agencies.

### **PRESCRIPTION ASSISTANCE (PROGRAMA DE ASISTENCIA PARA RECETAS)**

#### **CHARITABLE PHARMACY**

200 E. Livingston Ave., Columbus, Ohio 43215

By appointment only – schedule online at <https://charitablepharmacy.org/gethelp> or call 614-227-0301

Hours: Mon, Tue, Thu, Fri 8AM - 3:30PM,

Services: Provides medication, health screenings, health and wellness education, medication counseling, and social program referrals at no cost for low-income, uninsured, and underinsured individuals.

#### **JOINT ORGANIZATION FOR INNER-CITY NEEDS (JOIN)**

578 East Main Street, Columbus, OH 43215

(614) 241-2531

<https://columbuscatholic.org/yes-we-can-help>

Services: Assists with emergency prescription charges up to \$50 paid directly to the pharmacy for prescription medications or medical supplies.

Eligibility: Low-income individuals may request assistance once every 12 months.

Hours: Mon-Fri 10 am-11:30 am, 1 pm-2 pm.

Intake process: Telephone. Walk-in.

Documents: No documents required.

Fees: None.

#### **PRESCRIPTION HOPE**

PO Box 2700, Westerville, OH 43086

<https://prescriptionhope.com/quick-answers/>

1-800-296-4673

Services: Helps to coordinate access to over 1,500 FDA-approved prescription medications for a monthly

service fee of \$50 for each medication. The medication is free.

Eligibility: Those earning less than \$30,000 per year as an individual and less than \$50,000 as a couple.

Hours: Mon-Fri 8 am-4:30 pm.

Intake process: Apply on line at <https://manage.prescriptionhope.com/enrollment/register.php>.

Documents: Completed enrollment form.

Fees: Monthly service fee of \$50 for each medication.

### **Rx ASSIST**

3905 Vincennes Rd., Suite 200, Indianapolis, IN 46268

(866) 478-9593

Frequently Asked Questions: [rxassist.org/FAQs](http://rxassist.org/FAQs)

RxAssist Patient Center: [rxassist.org/patients](http://rxassist.org/patients)

A web-based medication assistance resource center. Individuals can go online and search for specific medications to see what financial help is offered for that medication. They also have a comprehensive online directory of national patient assistance programs.

**FREE CLOTHING CLOSETS (PROGRAMA DE ASISTENCIA PARA RECETAS)** Many of the centers are run as client choice locations, meaning individuals will only select what they need. What an individual will find at a location will vary. The clothing closets are often run by churches, charities, and other Franklin County Ohio non-profit organizations. The hours are also limited. We recommend you call before going to any location (*Le recomendamos que llame antes de ir a cualquier ubicación*).

### **ST MICHAEL CHURCH**

5750 N. High Street, Worthington, OH 43085

614-885-7814 ext. 7.

Offers clothing to families residing in ZIP codes 43085, 43229, 43235, 43065, 43035, 43214.

Appointments are required (*cita requerida*). Families are requested to call 614-885-7814 (ext. 7) between 10am and 3pm. Families should leave a message in English with their name, phone number and a brief description of their need for clothing. An English-speaking volunteer will call within 48 hours to schedule an appointment. Make a note of the volunteer's phone number and call if you need to cancel.

### **CHURCH OF THE GOOD SHEPHERD**

6176 Sharon Woods Boulevard, Columbus, Ohio 43229

<http://www.goodshepherdum.org/free-store.html>

(614) 326-9062

Services: Offers a free store that primarily provides clothing and some small household items based on donations.

Eligibility: Anyone.

Hours: 3rd Saturday of every month 10 am-1 pm. Doors close for registration at 12:30 pm.

Intake process: Walk-in.

Documents: Will have to complete application for a membership card.

### **INPREM HOLISTIC COMMUNITY RESOURCE CENTER**

5757 Karl Road, Columbus, OH 43229

<http://www.inprem.org/clothing-closet-and-furniture>

614-516-1812 Administrative

**Services:** Offers free, gently used clothing for individuals of all ages.

**Eligibility:** Anyone.

**Hours:** 3<sup>rd</sup> Saturday of each month 12:00 to 3:00pm.

**Intake process:** Walk-in

**Documents:** Photo ID with address or proof of address.

**Fees:** None.

### **CHARITY NEWSIES**

4300 Indianola Avenue, Columbus, OH 43214

<http://www.charitynewsies.org>

(614) 263-4300

**Services:** Offers new clothing, including school uniforms, to students in grades K-12. **Eligibility:** Children and Guardian must reside in Franklin County, Ohio. Children must be enrolled and attending school, grades K – 12 (public, private, catholic or charter). Children in kindergarten or any child 16 and older must obtain a current letter from their school verifying enrollment and attendance. *The verification letter must be presented at the time of the clothing appointment. Children who are 16 and older must present a picture ID.*

**Application:** Complete an application at Charity Newsies Headquarters between 9:00am and 12:30pm beginning Monday, August 5 through Friday, December 6, 9:00am – 12:30pm and Monday & Wednesday evenings 5:30 to 7:00pm beginning August 12, 2019.

**Requirements:**

Only a custodial parent or legal guardian may apply.

The following documents are *required* when applying:

1. Social Security card, or Taxpayer ID number, and photo identification for yourself (driver's license, state ID, Resident Alien Card, etc.)

14

Revision 08/2019-9

2. Proof of household income (benefits letter, recent pay stub, etc.)

3. Social Security card for each child to be clothed.

4. Children and Guardian must reside in Franklin County, Ohio.

**Fees:** None

### **CLINTONVILLE-BEECHWOLD COMMUNITY RESOURCE CENTER PANTRY**

3230 N High Street Columbus, OH 43202

614-268-8118

<https://www.clintonvillecrc.org/crc-family-services/>

**Services:** Provides material assistance to area residents as available.

**Eligibility:** Varies with service.

**Hours:** Mon, Wed, Fri 9 am-5 pm. Tue, Thu 9 am-7pm.

**Intake process:** Telephone. Walk in. Referral.

**Documents:** No documents required.

**Fees:** None.

### **MAIZE MANOR UNITED METHODIST CHURCH**

3901 Maize Road, Columbus, OH 43224

Maize Manor Market

614-267-4939

<https://maizemanorchurch.org/ministries/serve/market/>

**Services:** Provides free clothing on the second Saturday of the month.

**Eligibility:** Income at or below 200% of the Federal Poverty Level.

**Hours:** Every second Saturday from 11am to 1pm.

Intake process: Walk-in

Documents: Photo ID and proof of address.

Fees: None

### **JOSEPH'S COAT**

240 Outerbelt Street, Suite 5, Columbus, OH 43213

614-863-1371

Services: Offers free clothing, shoes, personal care products, & household goods to families struggling during a difficult season.

Enrollment Process: Must sign up for a Joseph's Coat Membership to shop at our facility. Registration form is available at <https://josephs-coat.org/wp-content/uploads/2018/06/JC-Membership-Request-Fillable.pdf> or you can fill out form when you arrive.

Documents: Bring your completed membership application (optional), as well as IDs for all those you plan to shop for. ID verification is required. If a family member has not been verified, they cannot shop, and you cannot shop for them. If a family member has not been verified, they cannot shop, and you cannot shop for them.

Hours: 6:00 – 8:00 pm Tuesday & Thursday. 9:00 am – 12:00pm Wednesday & Saturday Furniture:

Furniture requests require a Joseph's Coat membership and verification of furniture need by social service organization or religious organization. You will need to meet with your caseworker or sponsor and ask that they assist you with requesting furniture from Joseph's Coat. The case worker or sponsor must verify your need with an in-home visit. During this visit, your case worker or sponsor **must** complete and submit the membership form (if necessary) and complete the furniture request form available at <https://josephs-coat.org/wp-content/uploads/2018/09/Furniture-Request-Fillable-REVISED-9.5.18.pdf>. If there is a problem downloading or emailing the forms. Please mail them to *Joseph's Coat 240 Outerbelt St. #5, Col. Ohio 43213*. After your forms have been submitted, Joseph's Coat will contact you to schedule a time for you to select and load furniture. **Please read the instructions on the back of the furniture request form carefully.**

### **WELCOME WAREHOUSE**

Indian Run Methodist Church

6305 Brand Road, Dublin, OH 43016

(614) 726-6958

<https://www.welcomewarehouse.org/>

Services: Offers gently used clothing, housewares and personal care items to families in need to families in need who reside within the boundaries of the Dublin City School District.

Eligibility: Referral by a Dublin City Schools' guidance counselor, local pastor or social service organization required.

Hours: Typically open the second and fourth Saturday of each month 9 am-11 am and one Friday afternoon each month from 3:30-5:30 pm.

Intake process: Referral required.

Documents: No documents required.

### **CAREER CLOTHING (ROPA DE LA CARRERA)**

#### **DRESS FOR SUCCESS**

204 N High St, Columbus, OH 43201

(614) 291-5420

<http://www.dfscmh.org>

Services: Provides free-of-charge Interview and Employment suiting, Career Center, and Employment



Retention programs for women.

Eligibility: Any woman referred by a community partner is eligible for service. Worthington Resource Center is a referral agency

Hours: Suiting (by appointment only) Monday – Thursday: 10 AM – 4 PM, Alternating Saturdays  
Career Center Monday – Friday: 8:30 AM – 4:30 P

### **NEW LIFE UNITED METHODIST CHURCH**

25 W. Fifth Avenue, Columbus, OH 43201  
(614) 294-0134

<http://www.newlifecommunityoutreach.org/>

Services: Provides men with business apparel including suits, shirts, ties, shoes and accessories free of charge.

Eligibility: Men seeking employment

Hours: Open Hours: Sunday 7:00 a.m.- 8:00 a.m.

### **NEHEMIAH HOUSE OF REFUGE**

1433 E Main St, Columbus, OH 43205  
614-824-1338

Services: Provides professional clothing to men.

Eligibility: Men between 18-55 who are currently enrolled in workforce readiness programs at organizations like homeless shelters, welfare-to-work job training centers and job training programs for ex offenders, veterans and recovering substance abusers.

Hours: Mon-Thu 11:00 am-3:30 pm by appointment only.

Intake process: Telephone. Clients must notify their job coach, case manager or advisor to schedule an appointment with Nehemiah House of Refuge. All documents must be sent three days prior to fitting.

Documents: Vary.

Fees: None.

### **EMERGENCY ASSISTANCE (LOS SERVICIOS DE URGENCIA)**

#### **IMPACT COMMUNITY ACTION**

700 Bryden Road, Columbus, OH 43215

Mondays through Fridays - 8:00 a.m. to 6:00 p.m.

[https://www.impactca.org/what\\_we\\_do/programs/emergency\\_assistance/emergency\\_assistance.html](https://www.impactca.org/what_we_do/programs/emergency_assistance/emergency_assistance.html)

Provides emergency assistance to Franklin County households that are at or below 125% of the Federal Poverty Guidelines and most households must have a **qualifying emergency** to receive assistance. A qualifying emergency is a situation or circumstance that interrupts your life or lifestyle so that the household is unable to afford the expense. Provides once per calendar year rent or mortgage assistance up to \$700 only for past due balances and first month's rent to prevent homelessness. May provide gas cards or bus passes depending on availability. May provide up to \$250 to qualifying households whose water service is shut off or in threat of shut off. To schedule an appointment for emergency assistance, call 614.252.2799 Also provides Home Energy Assistance Program (HEAP) to households at or below 175% of the Federal Poverty Guidelines to prevent energy service disruptions, restore disconnected services, and/or secure seasonal heating and cooling energy needs. Call 1-866-747.1038 to make an appointment for utility assistance.

#### **THE BREATHING ASSOCIATION**

788 Mt. Vernon Ave., Columbus, OH 43203  
(614) 457-2997

[www.breathingassociation.org](http://www.breathingassociation.org)

Monday – Friday 7 am – 5 pm

HEAP hours by appointment Monday, Tuesday, Thursday, Friday: 8:30 am–5 pm and Wednesday: 8:30 am  
7 pm. Walk-ins are accepted 8:30 am – 10 am

Assists individuals in applying for HEAP and PIPP and in applying for assistance through the Winter Crisis  
and Summer Crisis programs when they are open. Appointments are required but will accept limited walk  
ins. Call 1-866-861-6399 for a HEAP appointment. Also Sponsors a Lung Health Clinic for low income  
individuals who have asthma, COPD or other lung health needs.

### **J.O.I.N.**

578 East Main Street, Columbus, OH 43215

(614) 241-2530

<https://columbuscatholic.org/join>

Monday-Friday 10–11:30 am and 1–2 pm

J.O.I.N. provides material needs for low income families in Franklin County. The J.O.I.N. staff serves two  
major functions: interviews clients to gathers information regarding their needs; and / or makes referrals to  
community agencies to other local agencies better suited to assist, by a phone call. In many instances,  
assistance comes directly from J.O.I.N., such as: meal certificates, food certificates, referral to a food pantry,  
utility help, medical prescription, infant formula, clothing, coats, blankets and toiletries.

### **LSS CHOICES**

500 W. Wilson Bridge Rd. Suite 245 Worthington, OH 43085

614-224-6617

<https://lssnetworkofhope.org/choices/>

Services: Provides temporary emergency shelter, domestic violence counseling, legal advocates, peer  
support groups and community awareness building to victims of domestic violence. Intake: Must call  
the 24-hour crisis line: 614-224-HOME (4663)

### **SALVATION ARMY SERVICES**

<https://co.salvationarmy.org/>

All assistance programs require an appointment with a caseworker. Call 614-221-6561 to be referred to a  
caseworker serving your zip code.

Rent assistance is seasonal and for those who meet income guidelines of 125% of the Federal Poverty Level.  
Utility Assistance which is seasonal and available through the generous funding by local utility companies  
and includes Neighbor to Neighbor: Assistance for qualified AEP customers who are facing disconnect and

Heat Share: Assistance from Columbia Gas which helps household with income at or below 150% of federal  
poverty guidelines with up to \$250 to prevent shut-off or to reconnect service. Clients must meet income  
guidelines of 150% of federal poverty level. Clothing assistance is provided by appointment only. One  
clothing voucher is available per client every calendar year.

Locations:

760 Worthington Woods Blvd, Columbus, OH 43085 – (614) 846-1884

966 E Main St, Columbus, OH 43205 - (614) 221-6561

3662 Karl Rd, Columbus, OH 43224 - (614) 262-9611

2300 W Mound St, Columbus, OH 43204 - (614) 274-7600

### **COMPASS**

EAST BROAD STREET PRESBYTERIAN CHURCH

760 East Broad Street, Columbus, Ohio 43205

Services: Assists with utility payments for households with a disconnect notice but the utility cannot have  
been disconnected. Will not assist with reconnection fees. Please note there is no guarantee of assistance

Intake Process: Appointment required. Not walk-ins. Log onto <http://shortcompass.questionpro.com> or call

614-463-9612 to request an appointment.

**Eligibility:** Applicant must be employed (full-time, part-time or temporary) and not in default of any kind on other obligations. Must have made a payment to the utility within the last 90 days, monthly PIPP payment must be more than \$50 and monthly rent must be more than \$100. Must have a documented reason for falling behind in the payment of monthly expenses.

### **YMCA STABLE FAMILIES PROGRAM**

The focus of Stable Families is to intervene early before families begin to experience a housing crisis in order to provide support so the entire family can thrive with a focus on ongoing school stability, maintaining secure and appropriate housing, and assisting families so they can increase their income. For more information on the Stable Families Initiative, contact [stablefamilies@ymcacolumbus.org](mailto:stablefamilies@ymcacolumbus.org) or call 614.689.2019 or 614.389.4829

### **ST VINCENT DE PAUL SOCIETY**

Locations:

43229 - St. Elizabeth's Catholic Church, 6077 Sharon Wood Blvd, Columbus 43229 614-891-0150

43082 - St. Paul's Catholic Church, 313 N. State St., Westerville 43082 614-973-9772 43085 - St.

Michael's Catholic Church 5750 N High St., Worthington 43085 614-885-7814 Ext 151 43235 - St.

Peter's Catholic Church, 6899 Smoky Row Rd, Columbus 43235 614-889-2221 Ext 111 43065 - St.

Joan of Arc Catholic Church, 10700 Liberty Road S., Powell 43065 614-499-0708 **Services**

**provided:** Food, Clothing, Rent assistance, Security Deposit, Utilities, Bus Passes, Gas, Furniture (referrals to Furniture Bank), household goods (sometimes)

MicroLoan Program: Loans arranged through a financial institution will be provided for one-time expenses to individuals who can demonstrate that they can pay back the loan. Low-income loans will not be provided for expenses such as rent, food, or utilities. Program will provide loans for expenses such as a car repair, a home repair, educational expenses, and medical expenses not covered by insurance or a write-down. Loans provided for one-time security deposits and to help pay off small payday and car title loans. When individuals are provided with a loan – they will also be provided with their own credit union account. They can also use this account for direct deposit of paychecks and to cash checks for free.” They will have financial mentors.

### **EMERGENCY SHELTERS**

Single adults and families who are homeless or in danger of becoming homeless must first call 1-614-274-7000 or 1-888-474-3587 to be referred to the appropriate shelter. Calls will be answered 24 hours a day, seven days a week.

### **ONLINE RESOURCES (RECURSOS EN LINEA)**

#### **HANDSON CENTRAL OHIO**

1. Database of most social services in Franklin County, OH
2. Call 211 anytime day or night to speak to an advisor. Sometimes this involves a wait time. 3. 211 is the source for Homeless Shelter Placements
4. If you have access to the internet, you can search their database online at:  
<https://211centralohio.org/>

#### **CAP4Kids – The Children's Advocacy Project**

1. Online Database of many resources for children and parents

2. If you have access to the internet, you can search their database online at: [cap4kids.org/Columbus](http://cap4kids.org/Columbus)  
Connect to organizations offering various
3. Services for children and families:

### **Veterans' Information**

1. If you have access to the internet, you can search their database online at:  
<http://dvs.ohio.gov/main/home.html>
2. Or Google: Ohio Department of Veteran services.
3. Click on Ohio Department of Veterans service
4. Click on: Link to your area of interest (for example Ohio Means Veterans jobs, Homelessness or Mental Health Services)
5. Columbus Office: 777 S. High Street, Columbus, OH 43215 (614) 644-0898 6.  
Crisis Hotline: 1-800-273-8255

### **Immigrant Assistance**

New America Welcome Center (NAWC)

[www.ymcacolumbus.org/nawc](http://www.ymcacolumbus.org/nawc)

Contact Maria Ramos, 614-689-2007, [maria.ramos@ymaccolumbus.org](mailto:maria.ramos@ymaccolumbus.org)

Services, NAWC centers are designed to help immigrants fully integrate into American society and prepare receiving communities to be welcoming and inclusive by offering a combination of integration collaborations with community leaders and businesses, and strategies to connect and build cross-cultural understanding between immigrants and U.S.-born residents.

### **Affordable Housing:**

- <https://cmhanet.com/>
- <https://affordablehousingonline.com/housing-search/Ohio/Columbus>
- <https://www.lowincomehousing.us/OH/columbus.html>
- <https://www.apartments.com/columbus-oh/low-income/>
- <https://www.publichousing.com/city/oh-columbus>
- <http://www.rentalhousingdeals.com/OH/COLUMBUS>